

4 SIMPLE STEPS TO PROTECT YOUR PERSONAL INFORMATION

You don't need to be a cybersecurity expert to be safer online. Complete these four easy steps to strengthen your accounts, reduce your exposure, and better protect your personal information from scammers.

1. DELETE APPS YOU DON'T USE



Unused apps can still collect or share your data. Delete apps you no longer need and check permissions on the apps you keep to make sure they only access what they need.

Check: Manage app permissions for [iPhone](#) or [Android](#)

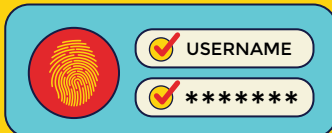
2. USE UNIQUE PASSWORDS

PASSWORD:

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Use a strong, different password for every account. That way, if one password is stolen, your other accounts stay protected. Make passwords long and hard to guess using a mix of letters, numbers, and symbols.

3. USE A PASSWORD MANAGER



A password manager can create, remember, and store complex passwords for you. Also, don't forget about 'passkeys,' which is a secure password-free system that lets you use your face, fingerprint, or a code to get into your accounts.

Try: [Keeper](#) • [Apple Passwords](#)
[Google Password Manager](#)

4. TURN ON MULTI-FACTOR AUTHENTICATION (MFA)



MFA adds an extra layer of protection to your accounts. After entering your password, you'll confirm it's really you with a code, authentication app, security key, or another method. Use an authentication app when possible. It's even more secure!

Try: [Google Authenticator](#) • [Authy](#)

TAKE A FEW MINUTES TODAY TO PROTECT YOURSELF TOMORROW.

Small steps can make a big difference in keeping your personal data and accounts secure.

Learn more at PauseTake9.org

